



# Women's Day Out

Saturday 12<sup>th</sup> August 2023

The Organising Authority is the Royal New Zealand Yacht Squadron  
181 Westhaven Drive, Westhaven, Auckland 1011  
Tel: 09 360 6800 | VHF: CH 17

## SUPPLEMENTARY SAILING INSTRUCTIONS - V2

This sheet, including attachments, is a supplement to the RNZYS Standard Sailing Instructions found in the RNZYS Handbook and on the RNZYS website.

### AMENDMENTS

- A1 1.2 - amend 40.1 for Division E and B (Harbour Course). Maintain RRS 40.1 for Division A (Elliott 7)

#### 1 RULES (SI 1)

- 1.1 The event is governed by the rules as detailed in Notice of Race ('NoR').  
1.2 RRS 40.1 shall always apply - lifejackets to be worn at all times **onboard Elliot 7s**.

#### 2 CHANGES TO THE SAILING INSTRUCTIONS (SI 3)

- 2.1 Any changes to the sailing instructions will be posted before 09:30 on the day it will take effect, or be given verbally by Race Management or the Coach/Training Manager

#### 3 START TIMES AND CLASS FLAGS (SI 6)

- 3.1 The scheduled start time and class flag for each division is as follows:

Division	Definition	Maximum Number of Races	Start Time for First Race	Class Flag
B	Open Harbour	2	11:30	White
E	Non-spinnaker	2	11:35	Black / White
A	Elliott 7 - W/L Sprints	4	11:30	E (Echo)

- 3.2 Harbour course will have up 2 back-to-back races scheduled for the day.  
3.3 Windward/leeward will have up to 4 back-to-back races scheduled for the day.  
3.4 Warning signal for subsequent races on the same day will be made as soon as practicable after the finish of the last boat in the preceding race.

#### 4 COURSES (SI 7)

##### 4.1 Windward/leeward.

- a) The courses to be sailed, the order in which the marks are to be passed, and the side on which each mark is to be left are shown in Attachment A.  
b) If course L2-Port is to be sailed (mark 1 and 1a rounded to port), a red flag will be flown from the bow of the race committee vessel at or before the warning signal. If course L2-Stbd is to be sailed (mark 1 and 1a rounded to starboard), a green flag will be flown from the bow of the race committee vessel at or before the warning signal.



## 4.2 Harbour Courses.

- a) The courses to be sailed will be harbour courses as listed online in Addendum A - HARBOUR COURSES under RACE DOCUMENTS AND COURSES 2022-2023 on the club website - [www.rnzys.org.nz](http://www.rnzys.org.nz).

## 5 MARKS (SI 8)

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### 5.1 Windward/leeward.

- a) The description of the marks is in the table in Attachment A.

### 5.2 Harbour Course

- a) The rounding marks will be the Racing Buoys as listed online in Racing Buoys Information under RACE DOCUMENTS AND COURSES 2022-2023 on the club website - [www.rnzys.org.nz](http://www.rnzys.org.nz).

## 6 THE START (SI 10)

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- 6.1 The start line for the harbour course will be between the flagstaff on the Westhaven Tower displaying an orange flag and the course side of the yellow Westhaven buoy.
- 6.2 The start line for the windward/leeward courses will be between the flagstaff displaying an orange flag on the race committee vessel and the course side of a laid tetrahedral inflatable mark.

## 7 CHANGE OF COURSE (SI 11)

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### 7.1 Windward/leeward

- a) To change the position of the windward mark, the race committee will lay a new mark 1 and remove the original mark as soon as practicable. A new offset mark (mark 1a) will not be laid.
- b) The change will be signalled, before the leading boat has begun the leg to the new mark by an official boat stationed at the leeward mark. The official boat will display code flag "C" and make repetitive sound signals. This changes RRS 33.

## 8 THE FINISH (SI 12)

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- 8.1 The finish line for the harbour course will be from the flagstaff on the Westhaven Tower and the courseside of the yellow Westhaven Buoy.
- 8.2 The finish line for the windward/leeward courses will be between the flagstaff displaying an orange flag on the race committee vessel and the course side of a laid tetrahedral inflatable mark.
- 8.3 All harbour course boats are encouraged to identify themselves to the finish tower by VHF as they cross the finish.

## 9 TIME LIMITS (SI 14)

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9.1

Division/Class	Time Limit for First Finisher	Finish Window	Extension if one boat finishes within the Time Limit
Divisions B & E	2 hours	n/a	15 Minutes
Division A	45	15	

- 9.2 6.2 There will be no Mark 1 time limit.



## 10 PENALTY SYSTEM (SI 13)

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10.1 RRS 44.1 is changed so the Two-Turns Penalty is replaced by a One-Turn Penalty.

**Date:** 08 August 2023